

# Assumption of Risk and Release

I, \_\_\_\_\_ (Please print - applicant's name OR parents/legal guardian's name for the minor applicant.) voluntarily assume and accept the risk to my person which may result from participating in any activity (such as, but not limited to, Judo, Karate, Jujitsu, Aikido fitness training or self defense training) in the Kensington Judo Club premises and I agree not to seek recovery, nor compensation from Kensington Judo Club, their instructors or members, or from any other instructors or members, or from other instructors or coaches, nor from the owners/ operators of the building for any injury or loss which I may suffer during, or as a result of such participation.

I hereby waive, release and forfeit and discharge the Kensington Judo Club, their instructors, members, other instructors/coaches, the owners/operators of the building from any and all actions, suits, claims and demands for upon or by reason of any damages, loss or injury what so ever nature of kind, including resulting in death which maybe sustained or suffered by me during in consequence of, or arising out of the said instruction and practice.

I hereby agree not to sue the Kensington Judo Club, their instructors, members, other instructors/coaches, owners/operators of the building in respect of any damages, loss or injury and agree that these presents maybe pleaded as a defense to any such claim or demand or another proceedings brought by me, my heirs, executors, administrators and assigns

Dated \_\_\_\_\_ Birth Date \_\_\_\_\_

\_\_\_\_\_  
Signed by Applicant                      Signed by Parent or Legal Guardian

Address \_\_\_\_\_  
Street                                      City                                      Prov.                                      Postal Code

Phone (Home) \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_